

## Mentor Services

- Listen to families and their history
- Explain community services and programs
- Suggest strategies for making the process successful
- Offers a checklist of assurances for vigilant involvement
- Is available to all eligible families in any location
- Available by phone, email, text, online call and in-person
- Available after the move for on-going questions and support

## Benefits of Community Living

- Choice of location, often closer to family
- Many families believe their loved one is happier and enjoys life more
- Loved ones often show more independence and maturity
- Better access to a variety of medical specialists
- Increased family/staff communication
- Encouraged to personalize and decorate bedroom
- Space to acquire and enjoy personal possessions
- Warmth and coziness of a home in a quiet setting
- Choice of foods with home cooked meals at flexible times
- Regular access to many community activities
- Usually more money available for discretionary spending



## Family Mentor Project

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The Family Mentor Project (FMP) is a resource to support individuals, families and guardians through the process of moving a family member to the community from a Residential Habilitation Center (RHC) operated by the Developmental Disabilities Administration of Washington (DDA) or from a skilled nursing facility.

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## Family Mentor Project

[www.familymentorproject.info](http://www.familymentorproject.info)

## Family Mentors



*Kelly and Jordan*

Kelly Church's son, Jordan, successfully lived in SL Start children's program since 2010. Now he lives in his own home, supported by ResCare SL.

Kelly Church, Project Coordinator  
Phone: (425) 679-1805  
[KellyChurchFMP@gmail.com](mailto:KellyChurchFMP@gmail.com)



*Diane and Brendan*

Diane Larsen's son, Brendan, moved into an Adult Family Home in 2012. He transitioned into his own home in 2014, supported by Valley SL.

Diane Larsen, Asst. Project Coordinator  
Phone: (253) 455-8635  
[DianeLarsenFMP@gmail.com](mailto:DianeLarsenFMP@gmail.com)

## Family Mentors



*Tami and Jake*

Tami McGrath's son, Jake, has lived successfully in his own apartment since 2013. He is supported by individual providers (IP) and by use of assistive technology.

Tami McGrath, Family Mentor  
Phone: (253) 285-8557  
[TamiMcGrathFMP@gmail.com](mailto:TamiMcGrathFMP@gmail.com)



*Rosslyn and Bree-Eva & Wills*

Rosslyn (Roz) Bethmann has two children and they live in Spokane, WA. Bree-Eva and Wills live together in a home purchased with DPA via the WA State Housing Auth. and the Arc of Spokane.

Rosslyn Bethmann, Family Mentor  
Phone: (509) 900-7571  
[RosslynBFMP@gmail.com](mailto:RosslynBFMP@gmail.com)

client testimonials

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*"FMP saved our sanity! Without the help and assistance that FMP gave us, we would not have been able to get past the shock of moving our loved one, to the point of doing our job as guardians to work with everyone to advocate for the best possible placement for (our brother)."*

*~Debbie and Ken N. (Puyallup Area)*

*"The only reason this transition was acceptable was because of the support from the family mentors. Knowing they're there to explain and support us was the only reason I was able to sign onto this change. Even for someone who works in this field, the process is frightening. Family mentors helped relieve some of the fear factor."*

*~Debbie C. (Ritzville Area)*

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